

August

Jimmy Jenkins Senior Center Monthly Calendar
 Jocelyn Dixon / Senior Center Coordinator
 Kingswood Community Center
 302-764-9022

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Strength / Cardio X-ercise @ 10:00am Water X-ercise @ 10:00am	2 Center Opened	3 Strength / Cardio X-ercise @ 10:00am	4 Morning Bible Study @ 10am Water X-ercise @ 10am - 11am	5 Center Closed	6
7	8 Strength / Cardio X-ercise @ 10:00am Water X-ercise @ 10:00am	9 Center Opened	10 Strength / Cardio X-ercise @ 10:00am	11 Water X-ercise @ 10am - 11am	12 Center Closed	13
14	15 Center Closed	16 Center Closed	17 Center Closed	18 Center Closed	19 Center Closed	20
21	22 Strength / Cardio X-ercise @ 10:00am Water X-ercise @ 10am	23 Mystery Ride & Lunch 9am-1:00pm	24 Strength / Cardio X-ercise @ 10:00am	25 Water X-ercise @ 10am - 11am	26 Center Closed	27
28	29 Strength / Cardio X-ercise @ 10:00am Water X-ercise @ 10am	30 Center Opened	31 Strength / Cardio X-ercise @ 10:00am			
						Wind Creek Casino Trip August 4, 2022 Bus leaves @ 8:30am and returns @ 6:30pm